



IHNS THE IRISH
HEAD & NECK
SOCIETY

A Truly Multidisciplinary All Ireland Society



4th Annual Conference

10th - 12th April 2025

The Convention Centre, Kilkenny
www.theihns.com

- Approved for 11 CME points by the Royal College of Surgeons in Ireland -



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Foreword by President of the IHNS, Prof Patrick Sheahan

It is my great pleasure to welcome you to the 4th annual meeting of the Irish Head and Neck Society. The IHNS is a truly multidisciplinary Head & Neck society of specialists from all disciplines involved in the care of patients with Head & Neck Cancer. Our annual meeting has grown from strength to strength since the inaugural meeting in 2022, and we are expecting our biggest and best meeting yet in 2025.

This year, we have a truly world-class program, commencing with our inaugural Laryngology meeting on Thursday afternoon. We have 16 international speakers, all recognized as true leaders within their fields of Head & Neck Cancer and Laryngology. We are also extremely proud to have accepted 101 highly impressive scientific abstracts for presentation at the meeting, including 52 accepted for oral podium or oral poster presentation. After the very positive response to last year's oral e-poster presentations, we are expanding this to include oral e-poster presentations on both Friday lunchtime and Saturday morning. A special thanks to moderators of these sessions, which allow us to showcase the outstanding H&N research performed in Ireland and abroad.

We also have a vibrant social program this year, with excellent opportunities for networking with colleagues within and across specialties, including the Networking Welcome Reception on Thursday, and the Congress Dinner on Friday.

A special thank you to our Sponsors, who have made this meeting possible. I would ask you all to please visit and interact with the sponsors during the meeting. A special thanks also to the Lyrath Hotel, Ollie O'Flanagan, Katie Murphy, Nadia Van Den Berg, Fastlane AV, Brickisred (IT), Eolas (conference app), and Compu-HIRE (e-posters).

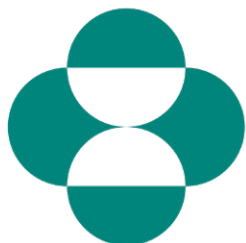
I wish you all an enjoyable and fruitful meeting, and that you will take something back that will improve care for Head & Neck patients, who remain the core of our efforts.



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BRIAN O'SULLIVAN

Prof. Brian O'Sullivan is Professor in the Dept of Radiation Oncology & Dept of ORL-HNS at University of Toronto. He previously co-chaired the NCI Steering Committee for H&N Cancer and is one of the Editors-in-Chief of "UICC TNM Classification of Malignant Tumours"; UICC Section Editor for H&N, and Radiation Oncology Member on the AJCC H&N Core Committee.



HISHAM MEHANNA

Prof Hisham Mehanna is Deputy Pro-Vice Chancellor, Chair of H&N Surgery, and Director of the Institute of H&N Studies and Education, at the University of Birmingham, UK. He is chief investigator of the PET NECK trial, the De-escalate study, and EPIC HPV. He is President of the H&N Cancer International Group; past President of BAHNO, and past Chair of the UK National Cancer Research.



CHRISTIAN SIMON

Prof Christian Simon, is Chair of the ENT University Clinic, the Chief Medical Officer of the Center for H&N Tumors, and the Director of the Dept of Surgery of the CHUV, UNIL, Lausanne. He was the Chair of the EORTC H&N Group (2017-2021); vice chair of the Swiss H&N Group for clinical cancer research (2019-2022), and is current secretary of the EORTC-HNCG. He is board member and treasurer of EHNS.



NEIL GROSS

Neil Gross is Professor in the Dept of H&N Surgery and Medical Director of Perioperative Surgical Services at MD Anderson Cancer Center. His clinical and research interests include transoral robotic surgery and neoadjuvant approaches to H&N cancers including aggressive cutaneous SCC. He has led a randomized phase 3 trial using neoadjuvant immunotherapy for advanced, resectable CSCC.



CESARE PIAZZA

Prof Cesare Piazza is Chief of the Dept of Otorhinolaryngology – H&N Surgery, Residency Program Director, and Research Director at the University of Brescia, Italy. His interests include laryngo-hypopharyngeal, tracheal, oral, thyroid, parotid, sarcoma, laser, and reconstructive microsurgery. He is Past President of the European Laryngological Society and President of Lombard Group of Otolaryngologists. He is Editor-in-Chief of Acta Otorhinolaryngologica Italica.



ANDREW SCHACHE

Prof Andrew Schache is a Clinical-Academic Oral & Maxillofacial (H&N) Surgeon at Liverpool H&N Centre, and holds a personal chair in H&N Surgery at the University of Liverpool. His academic interests include epidemiology of HPV-mediated H&N cancer, HPV vaccination, and improving outcomes for locally advanced oral cavity cancer. He is the lead for Education for the Liverpool H&N Centre.



INTERNATIONAL GUEST SPEAKERS



IAN GANLY

Prof Ian Ganly is senior Attending H&N surgeon at Memorial Sloan Kettering Cancer Center and is Professor of Otolaryngology H&N Surgery at Weill College, Cornell University, New York. His interests include translational research on oncogenomics of H&N cancer pathogenesis, clinical outcomes research, and the development of nomograms to predict outcomes in individual patients with H&N cancer.



HEIKKI IRJALA

Heikki Irjala is a Professor and Chairman of Otorhinolaryngology – H&N Surgery in Turku University Finland. He does research on both translational field studying cancer immunology and biomarkers and on several clinical areas of H&N cancer patients. Heikki's operative expertise is in reconstructive H&N cancer surgery.



LEILA MADY

Leila Mady is an Assistant Professor in the Dept of Otolaryngology – H&N Surgery at The Johns Hopkins School of Medicine. She is a funded population and health services researcher. Her research interests include side effects related to the cost of medical care, frailty, smell and taste changes related to cancer treatment, and patient -reported and oncologic outcomes in H&N cancer.



UMAMAHESWAR DUVVURI

Umamaheswar Duvvuri serves as Mendik Foundation Professor and Chairman of the Dept of Otolaryngology- H&N Surgery at NYU Langone Health and NYU Grossman School of Medicine. He was previously Director of Robotic Surgery at UPMC Hillman Cancer Center. He leads a federally funded laboratory studying the mechanisms by which H&N cancers resist therapies.



PETRI KOIVUNEN

Dr Petri Koivunen is the Head of the Dept of ENT and H&N surgery at Oulu University Hospital, Finland. He is current chair of the Finnish working group of H&N Oncology which is responsible of National guidelines. He has authored or co-authored about 100 scientific papers, mostly focused on H&N surgery, and is a member of the Editorial Board of Frontiers in Oncology since 2022.



BERIT SCHNEIDER-STICKLER

Prof. Berit Schneider-Stickler is an otolaryngologist, phoniatrician and trained singer. She is president of the European Academy of Phoniatrics, president of the Austrian Society of Logopedics, Phoniatrics and Pediatric Audiology, and deputy head of the Division of Phoniatrics-Logopedics of the Medical University Vienna. Her interests include artistic voice, laryngology, phonosurgery, and neurology.



STEVEN CANNADY

Steven Cannady is a H&N surgeon and serves as director of H&N and microvascular surgery for Penn Otorhinolaryngology – H&N Surgery. His practice focuses on reconstruction following tumor surgery or chemoradiotherapy. He is active in performing research focused on cancer outcomes as well as functional outcomes following treatment.



LISETTE VAN DER MOLEN

Dr Lisette van der Molen is a Speech & Language Pathologist at the Dept of H&N Oncology and Surgery at the Netherlands Cancer Institute. She is a staff member of the H&N cancer board, project lead of the research line: Survivorship & Rehabilitation in H&N cancer patients, and co-developer of the Amsterdam H&N rehabilitation program. Her main research interests are on function preserving therapies in H&N cancer.



ELISABETH SJÖGREN

Elisabeth Sjögren is a laryngologist, H&N Surgeon, and Head of the Laryngology Section at Leiden University Medical Centre in Leiden, the Netherlands. Her clinical and scientific interests include endoscopic treatment of early and intermediate stage laryngeal cancer and reconstructive surgery for glottic closure defects. She is past General Secretary of the European Laryngological Society and the Confederation of European ORL-HNS.



ANN SANDISON

Dr Ann Sandison is a consultant histopathologist with specialist interest in H&N cancer pathology at Guys Hospital, London. She is Chair of the H&N Working Group of the European Society of Pathology. She regularly teaches H&N pathology courses for the British Royal College of Pathologists, the European Society of Pathology and the International Academy of Pathology. She has contributed to chapters in the current WHO blue book on the Classification of H&N Tumours.



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INTERNATIONAL GUEST SPEAKER
BIOGRAPHIES**



Scientific Program

Thursday 10th of April 2025 (Maginnes Suite, in Convention Centre)

13.00 Registration

Laryngology Section 1

Moderators: Emer Lang (Waterford), John Lang (Galway)

14.00-14.20 Elisabeth Sjögren: Surgical Rehabilitation of the Paralyzed Vocal Fold: Clinical Approach for Procedure Selection

14.20-14.40 Berit Schneider-Stickler: Diagnostics and Therapy of Bilateral Vocal Cord Paralysis

14.40-15.00 Gerard Thong: Tips and Tricks for Management of Pharyngeal Pouches

15.00-15.20 Discussion

15.20-15.45 *Coffee Break*

Laryngology Section 2

Moderators: Orla Young (Galway), John Kinsella (St James)

15.45-15.51 *Free paper:* Single Institution Experience with Efficacy and Safety of In-office Transnasal Oesophagoscopy (TNO) and Balloon Dilatation.

Natalija Snovak, Chang Woo Lee, Virginia Ludwig, Kate J. Heathcote.

Dept of Otolaryngology, University Hospitals Dorset NHS Foundation Trust, Poole, UK

15.51-15.57 *Free paper:* Outcomes of Transoral Laser Surgery for Invasive Squamous Carcinoma versus High-grade Dysplasia.

Ana Ionescu, Patrick Sheahan.

Dept of Otolaryngology, South Infirmary Victoria University Hospital, Cork

15.57-16.05 Discussion

16.05-16.25 Christian Simon: Optimal Management of T1 Laryngeal Cancer

16.25-16.45 Cesare Piazza: Non-neoplastic Subglottic and Tracheal Stenosis: State of the Art Management from Endoscopic to Open-Procedures.



16.45-17.00 Discussion

19.00-22.00 **Welcome Networking Reception**
(Manor room, near main reception of Hotel)

Friday 11th of April 2025 (McCurdy suite, in Convention Centre)

08.00 Registration

08.45-9.00 Welcome: Professor Patrick Sheahan

9.00-10.45 Session 1: Oropharynx

Moderators: Sinead Brennan (St James), J Paul O'Neill (Beaumont)

*Panel: Hisham Mehanna, Christian Simon, Brian O'Sullivan,
Umamaheswar Duvvuri*

9.05-9.30 Hisham Mehanna: Lessons Learnt from a Decade of De-escalation Trials!

9.30-9.55 Christian Simon: 20 years of Robotic Surgery for Head and Neck Cancers

9.55-10.20 Brian O'Sullivan: UICC/AJCC Staging for HPV-associated Oropharynx Cancer:
How can the 9th edition Improve Relevance?

10.20-10.40 Discussion

10.45-11.15 *Coffee Break*

11.15-12.30 Session 2: Quality of Life and Survivorship

Moderators: Teresa Hanevy (Cork), Cherith Semple (Belfast)

Panel: Lisette van der Molen, Aileen Ryan, Petri Koivunen, Leila Mady

11.20-11.40 Lisette van der Molen: Lymphoedema after Head and Neck Cancer: Impact on
Functional Outcomes and Quality of Life

11.40-11.55 Aileen Ryan: Evolving Lymphoedema Management

11.55-12.15 Petri Koivunen: Patient Selection for Best outcome - Palliative or Curative
Treatment



12.15-12.30	Discussion
12.30-13.00	Keynote: Heikki Irjala: Follow of H&N Cancer: What is Standard of Care in 2025 <i>Chair: Con Timon (St James)</i>
13.00-14.15	<i>Lunch</i>
13.40-14.05	E-poster session 1 – See E-poster details at end of program
14.15-15.30	Session 3: Robotic Surgery and Reconstruction <i>Moderators: Tom Moran (Mater), Eamon Francis (St James)</i>
14.15-14.35	Umamaheswar Duvvuri: Management of Recurrent Oropharynx Cancer
14.35-15.00	Steven Cannady: Reconstruction of Oropharynx T3/T4 Cancer
15.00-15.15	Ann Sandison: Assessing and Communicating the Margins in Robotic Surgery
15.15-15.30	Discussion
15.30-16.00	<i>Coffee Break</i>
16.00-16.30	Keynote: Neil Gross: Evolving Management of Advanced, Resectable CSCC <i>Chair: Shirley Potter (St James)</i>
16.30-18.00	IHNS Tumour Board <i>Moderators: Prasad Kothari (Cork)</i>
19.30	Drinks Reception (McCurdy Suite)
20.00	Congress Dinner

***Saturday 12th of April (McCurdy suite, in Convention Centre)*****9.00-9.50****Free papers I***Moderators: John Gaffney (Galway), Con Timon (St James)***9.00-9.06****Laryngeal Suspension in Major Glossectomy: Impact on Functional Outcomes.***Anup Srinivas¹, Anuja Deshmukh¹, Kirti Khandelwal¹, Richa Vaish¹,
Suman Kumar², Arun Balaji³.***1 Dept of Head and Neck Oncosurgery; 2 Dept of Radiology; 3 Dept of Speech
and Language Therapy, Tata Memorial Hospital, Mumbai, India****9.06-9.12****Margin Status is Not Associated with Recurrence and Survival Outcomes in
Advanced Laryngeal and Hypopharyngeal Malignancies***Justin Hintze, Wyatt Dougherty, Eoin Cleere, Alex Soo, Conrad Timon,
John Kinsella, Conall Fitzgerald, Paul Lennon***Dept Otolaryngology, St. James's Hospital, Dublin****9.12-9.18****Second Primary Tumours and Recurrence after Surgical Treatment of
Oral Cavity Cancer: An 18 Year Analysis***Ryan O'Sullivan¹, Deirdre Callanan¹, Hadeel Jawad², David Brinkman¹,
Ross O'Shea¹, Andrew Dias¹, Linda Feeley², Patrick Sheahan¹***1 Dept of Otolaryngology, South Infirmary Victoria University Hospital, Cork; 2
Dept of Pathology, Cork University Hospital, Cork****9.18-9.25****Discussion****9.25-9.31****The Importance of Margins for Local Control in Oral Salivary Gland Carcinomas***Stefan Grasl^{1,2}, Stefan Janik¹, Deirdre Callanan^{2,3}, Boban M Erovic⁴,
Patrick Sheahan^{2,3,5}***1 Dept of Otorhinolaryngology, Medical University of Vienna, Austria; 2 Dept
of Otolaryngology, South Infirmary Victoria University Hospital, Cork; 3 Dept of
Surgery, University College Cork, 4 Institute of Head and Neck Diseases,
Evangelical Hospital, Vienna, Austria; 5 ENTO Research Unit, College
of Medicine and Health, University College Cork, Cork**



- 9.31-9.37 Impact of Dysplasia on Risk of Local Recurrence and Survival in Oral Squamous Carcinoma
James Griffin¹, Deirdre Callanan¹, Linda Feeley², Patrick Sheahan¹
1 Dept of Otolaryngology, South Infirmary Victoria University Hospital, Cork; 2 Dept of Pathology, Cork University Hospital, Cork
- 9.37-9.43 Integration of Molecular Testing into the Decision-Making Algorithm for Indeterminate Thyroid Nodules in a Head and Neck Cancer Centre
Grainne O'Keeffe¹, Patrick Sheahan², Paul Redmond³, Linda Feeley¹, Julie McCarthy¹
1 Dept of Pathology Cork University Hospital; 2 Dept of Otolaryngology, South Infirmary Victoria University Hospital, Cork; 3 Dept of Surgery, Cork University Hospital.
- 9.43-9.50 Discussion
- 9.50-10.30 Session 4: Oral Cavity**
Moderators: John Ed O'Connell (St James), Esther O'Regan (St James)
- 9.50-10.10 Ann Sandison: Diagnosis and Management of Oral Dysplasia – Pathologist's Perspective
- 10.10-10.30 Ian Ganly: Young Non-smokers with Early Tongue Cancer
- 10.30-11.15 *Coffee break*
- 10.45-11.05 E-poster session 2 – See E-poster details at end of program**
- 11.15-12.15 Session 5: Emerging Treatments**
Moderators: Michael McCarthy (Galway), Paul Lennon (St James)
- 11.15-11.35 Andrew Schache: Neoadjuvant IO in Locally Advanced Oral Cavity Cancer (outputs from NICO clinical trial)
- 11.35-11.55 Leila Mady: Emerging Neoadjuvant Paradigms in Management of Oropharynx Cancer
- 11.55-12.15 Discussion

**12.15-12.50****Free Papers 2**

Moderators: Fergal O'Duffy (Mater), Sebastian McWilliams (Cork)

12.15-12.21

Overview of the Current Epidemiology of Head and Neck Cancers in Ireland

Aline Brennan, Joe McDevitt, Theresa Redaniel, Deirdre Murray

National Cancer Registry Ireland

12.21-12.27

Suicide and Head and Neck Cancer: A Systematic Review, Meta-analysis and Narrative Synthesis

Cherith J Semple^{1,2}, Kairen McCloy^{1,3}, Jane Anderson^{4,5}, Angela McKeever⁶, Jeffrey R Hanna^{1,2}

1 Ulster University, Belfast; 2 South Eastern Health and Social Care Trust; 3 Northern Health and Social Care Trust; 4 University of Huddersfield; 5 University of Leeds; 6 Western Health and Social Care Trust

12.27-12.33

Conversational Artificial Intelligence (CAI) and the Interface with the Patient Concerns Inventory (PCI): Assessment of Usability of eAltra Web Application

Cian Henry¹, Emer Gilmartin², Denis Roche², Simon Rogers^{3,4}, John-Edward O'Connell^{1,5}

1 National Maxillofacial Unit, St James's Hospital, Dublin; 2 ADAPT Centre, SCSS, Trinity College Dublin; 3 Faculty of Health and Social Care, Edge Hill University, Ormskirk, United Kingdom; 4 Liverpool Head and Neck Centre, Liverpool University Hospital, United Kingdom; 5 Trinity St James's Cancer Institute, St James's Hospital, Dublin

12.33-12.40

Management of Peri-operative Haemoglobin Levels in Patients undergoing Head and Neck Cancer Free Flap Reconstruction

Natasha Christodoulides¹, Ciara Boyd¹, Patrick Sheahan², Conor Barry³, Andrew Dias², Jemima Dorairaj¹

1 Dept of Plastic Surgery; 2 Dept of Otolaryngology; 3 Dept of Oral and Maxillofacial Surgery, South Infirmary Victoria University Hospital, Cork

12.40-12.50

Discussion



- 12.50-13.15 **Keynote:** Lisette van der Molen: The Amsterdam H&N Rehabilitation Program
Chair: Caoimhe Mulgrew (St James)
- 13.15 Presentation of Prizes: Eleanor O'Sullivan (Cork)
- 13.20 Close of meeting

ORAL E-POSTER SESSIONS

Surgery 1: Friday 11 April, 13.40-14.05

S1 The Use of BTM for Free Flap Donor Sites to Reduce Rates of Donor Site Morbidity

Gary Fenn, Lorcan Lawlor, Fiachra Martin

Dept of Plastic and Reconstructive Surgery, Beaumont Hospital, Dublin

S2 Incidental Uptake of FDG in the Oropharynx on PET: A Systematic Review and Meta-analysis of Prevalence and Risk of Malignancy

Holly Jones, Justin Hintze, Caitlin Waters, Hannah Kaye-Coyle, Orla Young

Dept of Otolaryngology, Galway University Hospital, Galway

S3 Reliability of Clinical Follow-up in the Detection of Residual Diseases after Non-surgically Treated Oropharyngeal Cancer Patients

Klara Stagl¹, Stefan Janik¹, Boban M. Erovic², Stefan Grasl¹

1 Dept of Otorhinolaryngology, Head and Neck Surgery, Medical University of Vienna, Vienna, Austria; 2 Institute of Head and Neck Diseases, Evangelical Hospital, Vienna, Austria.

S4 Comparative Analysis of Clinical Outcomes in Tall Cell Variant Papillary Thyroid Microcarcinoma

Emma Finnegan^{1,2}, Justin Hintze^{1,2}, Conall Fitzgerald^{1,2}, John Kinsella^{1,2}, Mary Louise Healy³

1 Dept of Otolaryngology, St. James's University Hospital, Dublin. 2 Dept of Surgery, Trinity College Dublin, Dublin; 3 Dept of Endocrinology, St. James's University Hospital, Dublin

S5 Incidence, Management and Survival in Medullary Thyroid Cancer – The National Cancer Registry of Ireland

TJ Crotty¹, GP Sexton¹, EF Cleere¹, ML Healy², J Kinsella¹, P Lennon¹, CV Timon¹, CWR Fitzgerald¹

1 Dept of Otolaryngology, St. James's Hospital, Dublin; 2. Dept of Endocrinology, St James's Hospital, James Street, Dublin

**Pathology: Friday 11 April, 13.40-14.05**

P1 Audit of Reporting of Thyroid Cytology Specimens and their Correlation with Thyroid Histology in Beaumont Hospital in 2016-2023

Samira Osman, Cliona Ryan, Helen Barrett

Dept of Pathology, Beaumont Hospital, Dublin

P2 Insights into Rare Cancers: Characterizing the Genomic Landscape of Anaplastic Thyroid Cancer

Ruth Hutch, Stephen Finn, Michael Conroy, Cliona Grant, Niamh Coleman

Dept of Medical Oncology, St. James's Hospital, Dublin

P3 Surgical Management of Oral Epithelial Dysplasia: A Report on 94 Consecutive Cases

Brian Martin¹, Min Seo Jung¹, Brian Maloney¹, Esther O'Regan², John Edward O'Connell¹

1 National Maxillofacial Unit, St. James's Hospital, Dublin; 2 Dept of Histopathology, St. James's Hospital, Dublin

P4 Secretory Carcinoma of the Salivary Gland: TRK Immunohistochemistry as a Diagnostic and Surrogate Marker for NTRK Screening

Rachel Lockhart¹, Julie McFadden¹, Roisin O'Connor^{1,2,3}, Peter Molony¹, Bijal Shah¹, Esther O'Regan^{1,2,3}

1 Dept of Histopathology, St. James's Hospital, Dublin; 2 Dublin Dental University Hospital, Trinity College, Dublin; 3 Discipline of Histopathology, School of Medicine, Trinity College, Dublin

P5 Comparison of Pre-operative FNAC Based on Milan system (MSRSGC) with Post-operative Histology in Parotid Gland Tumours - Single Surgeon Experience of 6 years

Muhammad Aaqil Khan¹, Aisha Noor¹, Julie McCarthy², Patrick Sheahan¹

1 Dept of Otolaryngology, South Infirmary Victoria University Hospital, Cork; 2 Dept of Cytopathology, Cork University Hospital



General H&N: Friday 11 April, 13.40-14.05

G1 Evaluating Health Professionals Perceptions Regarding Frailty in Head and Neck Oncology

Eoin F. Cleere, Conall W.R. Fitzgerald

Dept of Otolaryngology Head and Neck Surgery, St. James's Hospital, Dublin

G2 Identifying User Preferences for the Design of a Digitally Delivered Multimodal Prehabilitation Intervention for Head and Neck Cancer Patients in Ireland: Research Protocol

Jeremiah Oyedemi, Laura Coffey

Dept of Psychology, Maynooth University, Kildare

G3 The 'Neck Lump Clinic' - A Novel Approach to Efficiently Improve Patient Care

Nathaniel McHugh, Jessica Morgan, Stuart Winter

Churchill Hospital, Oxford University Hospital, UK

G4 Fanconi's Anaemia: The Experience of the Largest Centre in Ireland

Róisín McGrath¹, Isobel O'Riordan¹, Justin Hintze¹, Catherine Flynn², Conall Fitzgerald¹

1 Dept of Otolaryngology, St. James's Hospital, Dublin; 2 Dept of Haematology, St. James's Hospital, Dublin

G5 How Opioids can affect the Falls Risk Status of Head and Neck Cancer patients on Radiotherapy

Michelle Doolan, Maree Heaney, Mark McGuire, Aisling Sheehan

Bons Secours Radiotherapy Cork in partnership with UPMC Hillman Cancer Centre

**HSCP 1: Friday 11 April, 13.40-14.05**

H1 Flexible Endoscopic Evaluation of Swallowing (FEES) Service in an Acute Hospital: Implications for Speech & Language Therapy (SLT) and ENT Departments

Patricia Gilivan-Murphy, Eleanor Guiney, Marion O'Brien

Voice & Swallowing Clinic, Speech & Language Therapy Dept, Mater Misericordiae University Hospital, Dublin

H2 Enhancing Well-Being Through Vocal Techniques Post Total Laryngectomy

Trish Rooney 1, Eimear Hannigan 2

1 MTU Cork School of Music; 2 Dept of Speech & Language Therapy, South Infirmity Victoria University Hospital, Cork

H3 The Feasibility of a Targeted Intervention to Improve Treatment Related Side-effects in Patients with Head and Neck Cancer in the Early Survivorship Phase

Grainne Sheill^{1,2}, Conor Bowe^{2,3}, Kelly Coghlan², Orla Crowley², John Ed O Connell^{2,3}, Julie Broderick¹

1 University of Dublin, Trinity College Dublin, 2 Trinity St. James's Cancer Institute, Dublin, 3 National Oral and Maxillofacial Unit, St. James' Hospital, Dublin.

H4 Nutritional Status of Head and Neck Cancer Patients Receiving Radiotherapy Treatment

Fionnuala Muldoon

Dept of Nutrition and Dietetics, South Infirmity Victoria University Hospital, Cork

H5 Service Evaluation on Benefits of Laryngectomy Training for Healthcare Workers

Karen Malherbe

Dept of Speech and Language Therapy, Galway University Hospital

**Miscellaneous: Saturday 12 April, 10.45-11.05**

M1 Avoiding Enteral Gastrostomy Feeding in Locally Advanced Tongue Cancer with Free Flap Reconstruction – Three Year Experience of a Head and Neck Unit

Brian Maloney¹, Cian Henry¹, Yvonne Lydon¹, Abbi McCarron¹, John Edward O'Connell^{1,2}

1 National Maxillofacial Unit, St. James's Hospital, Dublin; 2 Trinity St. James's Cancer Institute

M2 The Association of Frailty with Morbidity Following Surgical Tracheostomy

Eoin Cleere¹, Justin Hintze¹, Akash Ramesh², Isobel O'Riordan¹, Conrad Timon¹, John Kinsella¹, Paul Lennon¹, Conall Fitzgerald¹

1 Dept of Head and Neck Surgery, St James's Hospital, Dublin; 2 School of Medicine, Trinity College Dublin

M3 Patterns of Spinal Metastases in Head and Neck Cancer: A Tertiary Centre Review

Danielle James, Stephen Garry, Laura McLoughlin, John Kinsella, Paul Lennon, Conrad Timon, Conall Fitzgerald

Dept of Head and Neck Surgery and Otolaryngology, St. James's Hospital, Dublin

M4 Prevention of Osteonecrosis in Patients with Head and Neck Cancer Treated with Radiation Therapy; a Delphi Consensus Study

Brian Martin¹, Amara Nasser², Sinead Brennan³, Denise MacCarthy⁴, John Edward O'Connell¹, Eleanor O'Sullivan⁵, Michelle Leech²

1 National Maxillofacial Unit, St. James's Hospital, Dublin; 2 Discipline of Radiation Therapy, Trinity College Dublin, Dublin; 3 St. Luke's Radiation Oncology Network, Dublin; 4 Dublin Dental University Hospital, Dublin; 5 ENTO Research Unit, University College Cork, Cork

M5 Patient Perception of Effectiveness of Health Information on Tobacco Products and Awareness of Red Flag Symptoms for Head and Neck Cancer

Paula Griffith, Justin Hintze, Paul Lennon

Dept of Otolaryngology, St. James's Hospital, Dublin

**Surgery: Saturday 12 April, 10.45-11.05****S6** Lymph Node Yield and Ratio are Prognostic Factors for Survival in Advanced Laryngeal and Hypopharyngeal Malignancies

Justin Hintze, Wyatt Dougherty, Eoin Cleere, Alex Soo, Conrad Timon, John Kinsella, Paul Lennon, Conall Fitzgerald

Dept of Otolaryngology, St. James's Hospital, Dublin

S7 Assessment of the Effects of Maladaptive Neck Posturing in Reconstructive Microsurgeons Using Real-time Ergonomic Monitoring: A heads up.

Clodagh Canavan^{1,2}, K. O'Reilly^{1,2}, E. Phoenix^{1,2}, B. Griffin², L. Kelly², S. Ibrahim^{1,2}, J. Martin Smith^{1,2}, B. O'Sullivan^{1,2}, R. Dolan^{1,2}.

1 Dept of Plastic & Reconstructive Surgery, Beaumont Hospital, Dublin; 2 University of Medicine & Health Sciences (RCSI), Dublin.

S8 Prevalence and Clinical Characteristics of Synchronous Cancers in Patients with Head and Neck Malignancies

Thomas H. O'Neill¹, Emile Enoch², Donovan Dev², Aaron J. Thomas², Niall J. McInerney³, Seamus Boyle³, Tom Moran^{1,2,3}, Fergal O'Duffy^{1,2,3}

1 Dept of Otolaryngology, St. Vincent's University Hospital, Dublin; 2 School of Medicine, University College Dublin; 3 Dept of Otolaryngology, Mater Misericordiae University Hospital, Dublin

S9 Use of Fibrin Sealant as an Adjunct in Primary Pharyngeal Closure: A Multi-centre Experience

Nikita Naqvi¹, Andrew Dias^{1,2,3}, Prasad Kothari^{1,3}

1 Dept of Otolaryngology, South Infirmary-Victoria University Hospital, Cork; 2 Dept of Otolaryngology, Luton and Dunstable University Hospital NHS Foundation Trust, UK; 3 Dept of Head and Neck Surgery, University College London Hospitals NHS Foundation Trust, UK

S10 Immunotherapy as a Key Treatment Modality in Head and Neck Cancer: A Case Series

Romina Golchin¹, Ryan O'Sullivan¹, Deirdre Callanan¹, Andrew Dias¹, Patrick Sheahan¹, Seamus O'Reilly², Brian Bird³

1 Dept of Otorhinolaryngology, South Infirmary Victoria University Hospital, Cork; 2 Dept of Oncology, Cork University Hospital, 3 Dept of Medical Oncology, Bon Secours Hospital, Cork

**HSCP 2: Saturday 12 April, 10.45-11.05**

H6 Waiting for My Voice: Developing a Collaborative Patient-centred Pathway to Reduce Wait Times for Patients Post Laryngectomy Awaiting Voice Acquisition

Caoimhe Mulgrew¹, Isobel O'Riordan², Justin Hintze², Deirdre Leavy¹, SORCHA McManus¹, Eoin Cleere², Conall Fitzgerald², Paul Lennon².

1 Dept of Speech and Language Therapy, St. James's Hospital, Dublin. 2 Dept of Otolaryngology. St. James's Hospital, Dublin

H7 Pilot of an Outpatient (OP) Nasogastric Feeding (NGF) Pathway for Head & Neck Cancer (HNC) Patients receiving Radiotherapy Treatment (RT) in Cork University Hospital (CUH)

A Davis¹, A Moloney¹, S Kenny¹, C O Connor¹, Killian Nugent², Kathy Rock², Faisal Jamaluddin²

1 Dept of Nutrition & Dietetics, Cork University Hospital, Cork. 2 Dept of Radiation Oncology, Cork University Hospital, Cork

H8 Prehabilitation and Rehabilitation Guidelines for Allied Healthcare Professionals working in Head and Neck Cancer: who, what, when and how?

Kate Baker¹, Susanne Cruickshank², Grainne Brady¹, Justin Roe^{1,3}

1 Dept of Speech, Voice and Swallowing, The Royal Marsden Hospital NHS Foundation Trust;

2 Strategic Lead for Applied Health Research, Lead for Health Services Research, The Royal Marsden NHS Foundation Trust, Honorary Professor, School of Health Science, University of Stirling;

3Professor of Practice (Speech and Swallowing Rehabilitation), Imperial College London

H9 Long-term Improvement in Swallowing Following Expiratory Muscle Strength Training in a Patient with Chronic Radiotherapy-Associated Dysphagia

Eimear Hannigan

Dept of Speech and Language Therapy, South-Infirmiry Victoria University Hospital, Cork

H10 The Dysphagia Dysphonia Modernized Care Acute Pathway: Is it working?

Ruth Mulcahy¹, Sile Murphy¹, Teresa Hanevy¹, Gerard Thong²

1 Dept of Speech and Language Therapy, South Infirmiry Victoria Hospital, Cork; 2 Dept of Otolaryngology, South Infirmiry Victoria Hospital, Cork

**Quality of Life: Saturday 12 April, 10.45-11.05****Q1 Patients Understanding, Perceptions and Experiences of Head and Neck Lymphoedema Management Post-Treatment for Head and Neck Cancer**

Lauren J. Mullan¹, Nicole E. Blackburn², Jackie Gracey², Lynn Dunwoody³, Jill Lorimer⁴, Cherith J. Semple^{1,5}

1 School of Nursing, Institute of Nursing and Health Research, Ulster University, Belfast; 2 School of Health Sciences, Institute of Nursing and Health Research, Ulster University, Londonderry; 3 School of Psychology, Faculty of Life and Health Sciences, Ulster University, Londonderry; 4 Dept of Physiotherapy, Belfast Health and Social Care Trust, Belfast; 5 Cancer Services, South Eastern Health and Social Care Trust, Belfast

Q2 "He seemed to come alive" - Patient Experience of Joining a Laryngectomy Choir

Michelle Conheady¹, Eimear Hannigan¹, Sile Murphy¹, Trish Rooney², Teresa Hanevy¹, Helena Walsh¹, Clodagh O'Neill

1 Dept of Speech and Language Therapy, South Infirmary-Victoria University Hospital, Cork;
2 Munster Technological University Cork School of Music

Q3 Physical Activity and Head and Neck Cancer: Results of a Mixed Methods Study

Grainne Sheill^{1,2}, Kelly Coghlan¹, Conor Bowe³, Julie Broderick^{1,2}, John Ed O Connell³, Juliette Hussey^{1,2}

1 Trinity St James's Cancer Institute, Dublin; 2 Discipline of Physiotherapy, Trinity College Dublin;
3 National Oral and Maxillofacial Unit, St. James's Hospital, Dublin

Q4 Acupuncture for Radiation-Induced Xerostomia: A Recent Audit from a Working Clinic

Patricia O'Gorman

Dept of Physiotherapy, South Infirmary Victoria University Hospital, Cork

Q5 Olfactory and Taste Dysfunction in Laryngectomy Patients: A Clinical Study

Wyatt Dougherty, Alexander Soo, Hemail Alsubiael, Conall Fitzgerald

Dept of Otolaryngology, St. James's Hospital, Dublin

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Social Program

Thursday Networking Welcome Reception

Join us along with the International Guest Faculty for tasty food, refreshing drinks, and great company, from 19.00-22.00, on Thursday, 10 April, in the Manor House suite of the Lyrath Hotel.

This lively evening will offer the perfect opportunity to relax and settle in to the IHNS meeting, meet old acquaintances and make new friends, all while enjoying delicious cuisine and drinks in a stunning setting, the fabulous Lyrath Hotel.

€50 each – Dress code: Casual / Smart Casual

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Friday Evening Conference Dinner

Join us for the IHNS Congress Dinner from 8pm to late, on Friday, 11 April, in the McCurdy suite of the Lyrath Hotel (Drinks reception starting at 7.30pm).

The Congress Dinner is the highlight of the social program of the IHNS meeting. Enjoy fabulous food, drinks, and even better company and craic during this special evening.

€80 each – Dress code: Business / Smart Casual

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Membership benefits include:

Reduced Registration Fee to Annual Conference: As a member, you are charged reduced fees to the Annual Meeting, a key event where national and international experts gather to discuss cutting-edge research, advancements in treatment modalities, and best practices. This allows members to stay updated with the latest trends and network with peers and mentors in their field.

Free Access to All Webinars, Including Recordings: IHNS offers a series of webinars covering various topics relevant to head and neck cancer, offering members the opportunity to enhance their knowledge without any additional cost. Furthermore, access to webinar recordings ensures flexibility for members to engage with the content at their convenience.

Access to Professional Pages and Resources on IHNS Website:

Membership grants exclusive access to professional pages and resources on the IHNS website.

Membership to European Head and Neck Society (EHNS): IHNS membership includes a complimentary membership to the European Head and Neck Society (EHNS), opening doors to a broader professional network spanning across Europe. EHNS membership offers additional opportunities for collaboration, knowledge exchange, and participation in international conferences and initiatives, thereby enriching members' professional experiences and perspectives.

Become a Part of the Only Multidisciplinary Head and Neck Cancer Society in Ireland: By joining IHNS, members become integral contributors to the only multidisciplinary head and neck cancer society in Ireland. Membership provides a unique platform for interdisciplinary collaboration among healthcare professionals involved in the care of head and neck cancer patients. By participating in IHNS activities and initiatives, members contribute to the advancement of multidisciplinary care approaches, foster interdisciplinary communication, and ultimately improve patient outcomes.



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